

**THE
EQUESTRIAN
RESERVE**



Boarding • Lessons • Training
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January 2010

Dear Parents/Riders:

Best wishes for a wonderful new year in 2010! Our staff would like to thank you for the wonderful holiday presents. And now winter is upon us. This first week of January has been the coldest. But let's think there are only six more weeks of cold weather and hopefully not as cold. What's the saying? In like a lion and out like a lamb? Please dress warmly. You are welcome to send riders with items to heat in our microwave!

January Tuition

For January: This month there are 4 Mon, Tues, Wed, Thurs and Fri at \$200 (5 Sat depending if you are here Jan 2 which would be either \$200 or \$250). There are no horse shows in January. Semi private lessons for younger riders in the smaller arena are \$47 each.

New Year – New Goals

Each month we will promote a concept we would like the rider to focus on and ask the parents to help support this by encouraging their rider to continue each month's concept at home all month. Riding horses is an athletic sport and our riders can continue to get stronger. We are going to stress doing sit-ups, crunches, leg lifts and other fitness exercises such as always sitting or standing up tall to strengthen the rider's legs, and back, for better balance and to create a prettier picture when riding. Please ask your rider to continue these exercises at home. Maybe mom or dad can join in and do this too!

**Congratulations to Morgan Millikan
for earning her Level I Certificate**

Congratulations to two of our instructors

Competing in the Gold Coast Show Dec 26-31
Jaclyn Beckley Res. Champion in Eng Equitation
Stephanie Rucci Top Ten in Western Horsemanship
and Western Riding

Congratulations to our 2009 Show Team

End of the Year Awards Banquet at the Roswell Country Club on
January 23, 2010

*** Extra Activities ***

Registration forms can be found online or the bulletin board. Please submit as soon as possible. A minimum number of four participants are required.

FUN DAY

Mon Jan 18 9:00am–2:30pm

Games on horseback and other fun activities. Cost \$90

Showmanship

Sat Jan 30th 12:00–2:00pm or

Sat Feb 20th 12:00–2:00pm

Showmanship takes a lot of practice!!!! Get off to a good start for the new show season. Students new to showing or even with a year or two of showing experience – this will be very helpful to you. Cost \$50

*** For Sale ***

Winter Riding Gloves For Sale in the office \$5 or \$7
See Julie, Laury or Donna

Insulated Winter Riding Boots

www.SSTack.com 1800 365-1311 has Tuffrider Tall boots on sale for \$69.95 and Mountain Horse Paddock boots for \$74.95.

www.adamshorsesupply.com has Mountain Horse children's sizes 13, 1, 2, 3 for \$103, and www.shoe-store.com has Ariat's children's sizes 11-13 and youth 1-5 for \$97.95

Show Tack and Show Clothing Sale
Now through Jan 31st in our office.

Thank you for your continued support of our programs. We value each of you and your wonderful children.

Donna & all of the instructors at The Equestrian Reserve